

GROUP TRAINING



Coeur d'Alene

MONDAY

5:30AM WITH TABI
NOON WITH CATE

TUESDAY/THURSDAY

5:30AM WITH LEXI
9AM WITH CATE
5:30PM WITH TABI

WEDNESDAY

5:30AM WITH TABI

FRIDAY

5:30AM WITH TABI
10:30AM WITH CATE

SATURDAY

7:30AM LEXI/TABI



MONTHLY

\$49 1X/WK

\$79 2X/WK

\$125 UNLIMITED

\$99 UNLIMITED WITH 3MO COMMITMENT

NON MEMBER PRICING SLIGHTLY HIGHER

DROP IN

\$18/CLASS



LEXI 208-819-3105



TABI 206-910-0963



CATE 509-270-2283

CONTACT A TRAINER TO REGISTER - FIRST CLASS FREE