



Tennis & Pickleball in Hayden 2025 Winter Adult Classes

Adult Sessions

Session I Jan 6th – Feb. 1st

Session II Feb. 3rd – Mar. 2nd

Cardio Tennis

A Fun, fast paced workout with drills and games to keep you moving. Come get your sweat on while listening to music and hitting a lot of tennis balls.

Mondays @ noon - 1pm. \$80 Members \$110 Non-Members

Wednesdays @ 1:30- 2:30pm \$80 Members \$110 Non-Members. Drop in for 1 class \$27.50

Doubles Drills

A class to help with doubles play using different drills and games to help with tactics, movement and patterns.

Tuesdays @ noon – 1:30pm 3.5 and below. \$120 Members \$150 Non-Members

Thursdays @noon – 1:30pm 4.0 and above \$120 Members \$150 Non-Members. Drop in for 1 class \$37.50

Singles Drills

A class to help with singles play using different drills and games to help with tactics and patterns.

Fridays @ 11:30 to 1pm \$120 Members \$150 Non-Members. Drop in for 1 class \$37.50

Adult Beginning Tennis Class

A class to introduce or help you brush up on the basics of tennis.

Saturdays @ noon – 1Pm \$80 Members \$110 Non-Members. Drop in 1 class \$27.50

Sign up at the Front Desk. Questions about the Programs contact Jared @ 406-600-7055

If these times do not work for you there is always the build your own lesson option. You and a group of players can set up time with Jared or Tricia.