

WARM UP

GROUP TRAINING BY
JULIE LARRISON

208-659-7314 

WORKOUT TIMES

- ✓ MON 10:15 AM
- ✓ WED 9:30 AM & 12:15
- ✓ FRI 9:15 AM

UNLEASH
YOUR FULL
POTENTIAL



Monthly
1X Per Week \$59
2X Per Week \$99
3X Per Week \$120
RCT \$99 Unlimited