



Challenger's Name: \_\_\_\_\_

Phone #: \_\_\_\_\_ Email: \_\_\_\_\_

Sex: Male / Female      Member #: \_\_\_\_\_      Non-Member:

PLEASE CHECK YOUR CHOICE BELOW (ONE BOX)

**Contest ONLY** for those currently enrolled in a Peak Group Training Program

**\$60 Trainer** \_\_\_\_\_

For those enrolled in a paid Group Training Program you are not allowed to attend workout times that are not part of your current group.

**MEMBER Pricing**

**\$129 for 1-Group Training Session a week**

**\$175 for 2-Group Training Sessions a week**

**\$195 for 3-Group Training Sessions a week**

MAKE SURE YOU CIRCLE  
YOUR WEEKLY WORKOUT  
TIMES BELOW

**NON-MEMBER Pricing (includes 6 week 3-Club Membership Pass)**

**\$205 for 1-Group Training Session a week**

**\$250 for 2-Group Training Sessions a week**

**\$270 for 3-Group Training Sessions a week**

MAKE SURE YOU CIRCLE  
YOUR WEEKLY WORKOUT  
TIMES BELOW

**CDA GROUP TRAINING WORKOUT TIMES:**

Mon	Tue	Wed	Thurs	Fri	Sat
5:30 Tabi	5:30 am Lexi	5:30am Tabi	5:30 am Lexi	5:30am Tabi	7:30 am Lexi/Tabi
	9:00 am Cate	8:00am Wendy	9:00 am Cate	6:30am Bryan	
Noon Cate	Noon Kristi		Noon Kristi	10:30am Cate	
4:30 pm Lexi	5:30 pm Tabi	4:30 pm Lexi	5:30 pm Tabi		

Total: \$ \_\_\_\_\_ Payment Method: **Credit/Debit**    **Cash**    **Check**    **Account**

Take attached sheet →

**Consent & Liability Waiver**

By signing below I agree to participate in the "50 Hard Challenge." This will include before & after weigh ins, body fat testing and an optional personalized training program. This program is non-refundable. I realize my risk in participating in any exercise and nutrition program & fully accept all responsibility at any workout site. I give my consent to Peak Health & Wellness to use my photo & name in any future publication or promotion if I am selected as a winner.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_